

**Malaysian Association for the Study of Obesity**



## **27<sup>th</sup> MASO Annual General Meeting & Scientific Update**

**10<sup>th</sup> Dec 2020 (Thu) | 1.30 – 5.00pm**

*The use of Cognitive Behavioural  
Therapy (CBT) for Weight Loss &  
Maintenance*



**SPEAKER:**

**Dr Jamilah Hanum  
Abdul Khaiyom**

Department of Psychology  
Kulliyah of Islamic Revealed Knowledge &  
Human Sciences  
International Islamic University Malaysia

**Register now!**



**Agenda:**

**1.30 – 2.00: Registration**

**2.00 – 4.00: AGM**

**4.00 – 5.00: Scientific Update**